SEASONAL TEA • NATURE'S INTELLIGENCE

FLORAL & FRUITY

A blend of seasonal fruits and flowers.

NOURISHING • UPLIFTING • IMMUNE SUPPORT



THE BLEND

A harmonious blend of seasonal fruits and flowers, combining the deep, fruity notes of hawthorn berries and rosehips with the delicate floral character of yarrow and lavender. A naturally nourishing tea to support immunity and provide a rich source of antioxidants.



HAWTHORN BERRIES

Rich, fruity and heart-warming.



ROSEHIPS

Tangy, vitamin-rich and antioxidant.



YARROW

Aromatic, gently bitter and supportive.



LAVENDER

Delicate, floral and calming.



THE CHARACTER OF THE CUP

Fruity • floral • subtly herbal • gently sweet

A bright, aromatic infusion with a beautiful balance of fruit and flower.





TO BREW

Use a generous handful of the seasonal fruits and flowers per teapot. Cover with just-boiled water and steep for 8–10 minutes. Strain and enjoy.



WELLBEING SUPPORT

Traditionally used to support immune function and provide a rich source of natural antioxidants.



PERFECT FOR

Autumn and winter, or whenever you need a little extra seasonal support.

You don't need to be a herbalist. You just need to be curious.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.

SEASONAL TEA • NATURE'S INTELLIGENCE

HEART & MIND

A balancing blend for a calmer heart and a clearer mind.

NOURISHING • CLARIFYING • UPLIFTING



THE BLEND

A harmonious blend of hawthorn berries, lemon balm, rosemary and mint. This seasonal infusion combines heart-supporting, calming and uplifting herbs to nourish both heart and mind.



HAWTHORN BERRIES

Nourishing, supportive and heart-warming.



LEMON BALM

Calming, uplifting and restorative.



ROSEMARY

Clarifying, invigorating and supportive.



MINT

Refreshing, cooling and balancing.

THE CHARACTER OF THE CUP

Herbaceous • fresh • aromatic • gently sweet • uplifting

A bright, refreshing infusion with a harmonious balance of fruit and herb.

TO BREW

Use a generous handful of the seasonal herbs and berries per teapot. Cover with just-boiled water and steep for 8–10 minutes. Strain and enjoy.

WELLBEING SUPPORT

Traditionally used to support a healthy heart, a calm nervous system, mental clarity and overall resilience.

PERFECT FOR

Moments when you want to feel grounded, focused and balanced — whatever the season.

You don't need to be a herbalist. You just need to be curious.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.

SEASONAL TEA • NATURE'S INTELLIGENCE

HEART & SOUL

A cup of the season, gathered fresh.



THE GATHERING

A living blend of fresh aerial herbs gathered as the season offers them — lemon balm, hawthorn berries, sage and dandelion flowers. No fixed formula. No need to force the plants into roles. This is a tea that changes with the garden.



LEMON BALM

Fresh, lemony and uplifting.



HAWTHORN BERRIES

Deep, fruity and mellow.



SAGE

Aromatic, warm and earthy.



DANDELION FLOWERS

Sunny, floral and gently bitter.

THE CHARACTER OF THE CUP

Fresh • green • aromatic • gently bitter • softly floral

Bright herbs, deeper berries, and the quiet earthiness of the season.

TO BREW

Use a generous handful of fresh herbs per teapot. Cover with just-boiled water and steep for 7–10 minutes. Strain and enjoy.

You don't need to be a herbalist. You just need to be curious.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.

SEASONAL TEA • NATURE'S INTELLIGENCE

HEARTFIRE

WARMING • NOURISHING • UPLIFTING

A vibrant blend to warm the heart and awaken the senses.



THE BLEND

A fragrant and invigorating blend of hawthorn berries, fresh ginger, rosemary and rose petals. This seasonal infusion brings together warming, heart-supporting and uplifting herbs to nourish body and mind.



HAWTHORN BERRIES

Nourishing, supportive and heart-warming.



FRESH GINGER

Warming, stimulating and revitalising.



ROSEMARY

Invigorating, clarifying and uplifting.



ROSE PETALS

Aromatic, soothing and uplifting.

THE CHARACTER OF THE CUP

Aromatic • warming • subtly sweet • floral • gently spicy

A beautiful balance *of fruit, root, herb and flower.*

TO BREW

Use a generous handful of the seasonal fruits, roots, herbs and flowers per teapot. Cover with just-boiled water and steep for 8–10 minutes. Strain and enjoy.

WELLBEING SUPPORT

Traditionally used to support a healthy heart, healthy circulation, digestion and mental clarity. Combines warming and uplifting herbs with antioxidant-rich fruits and flowers.

PERFECT FOR

Cooler days, times when you need gentle warmth and upliftment, or whenever you want to feel nourished, grounded and inspired.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.

SEASONAL TEA • NATURE'S INTELLIGENCE

HEDGEROW HARMONY

A nurturing blend from nature's medicine chest.

BALANCING • NOURISHING • UPLIFTING • SEASONAL



THE BLEND

A beautifully balanced infusion of chamomile, yarrow, hawthorn berries, hibiscus, lemon balm, elderberries and white clover. This seasonal tea brings together soothing, heart-supporting and uplifting herbs to nourish both body and mind. Naturally sweetened with a touch of raw honey, it is a gentle, restorative cup for any time of day.



CHAMOMILE

Soothing, calming and restorative.



YARROW

Balancing, immune-supporting and harmonising.



HAWTHORN BERRIES

Nourishing, heart-supporting and strengthening.



HIBISCUS

Vibrant, refreshing and antioxidant-rich.



LEMON BALM

Calming, uplifting and mood-supporting.



ELDERBERRIES

Nourishing, immune-supporting and rich in antioxidants.



WHITE CLOVER

Gentle, balancing and restorative.



THE CHARACTER OF THE CUP

Floral • fruity • herbal • gently sweet • harmonious

A vibrant, soothing infusion with a beautiful balance of flower, leaf and berry.





TO BREW

Use a generous handful of the flowers, leaves and berries per teapot. Cover with just-boiled water and steep for 8–10 minutes. Strain and sweeten with raw honey to taste.



WELLBEING SUPPORT

Traditionally used to support a calm nervous system, a healthy heart, immune resilience and overall wellbeing. Combines soothing, strengthening and uplifting herbs.



PERFECT FOR

Moments when you want to feel nurtured, balanced and uplifted — whether as a morning ritual, an afternoon pause or an evening wind-down.

You don't need to be a herbalist. You just need to be curious.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.

SEASONAL TEA • NATURE'S INTELLIGENCE

MORNING MEADOW

A bright and uplifting blend from meadow and hedgerow.

FRESH • NOURISHING • GENTLY WARMING • SEASONAL



THE BLEND

A refreshing and revitalising infusion of flowers, leaves and roots gathered from meadow and hedgerow. Elderflower and red clover bring delicate floral notes, while plantain and cleavers add fresh green depth, balanced with warming ginger and cinnamon. Naturally sweetened with a touch of raw honey, this is a tea to welcome the day.



ELDERFLOWERS

Delicate, floral and uplifting.



RED CLOVER

Nourishing and supportive.



PLANTAIN

Soothing and balancing.



CLEAVERS

Refreshing and purifying.



FRESH GINGER

Warming, stimulating and energising.



CINNAMON

Aromatic, warming and comforting.

THE CHARACTER OF THE CUP

Floral • fresh • green • gently spicy • naturally sweet

A golden, aromatic infusion that tastes like a walk through a summer meadow.

TO BREW

Use a generous handful of the fresh herbs, flowers and spices per teapot. Cover with just-boiled water and steep for 8–10 minutes. Strain and sweeten with raw honey to taste.

WELLBEING SUPPORT

Traditionally used to support immune function, seasonal resilience and gentle detoxification, while helping to uplift mood and provide natural energy.

PERFECT FOR

A beautiful morning tea to start the day with clarity and positivity, or anytime you need a little warmth, nourishment and a taste of the meadow.

You don't need to be a herbalist. You just need to be curious.

GATHER WHAT IS ABUNDANT. NOTICE WHAT CHANGES.